



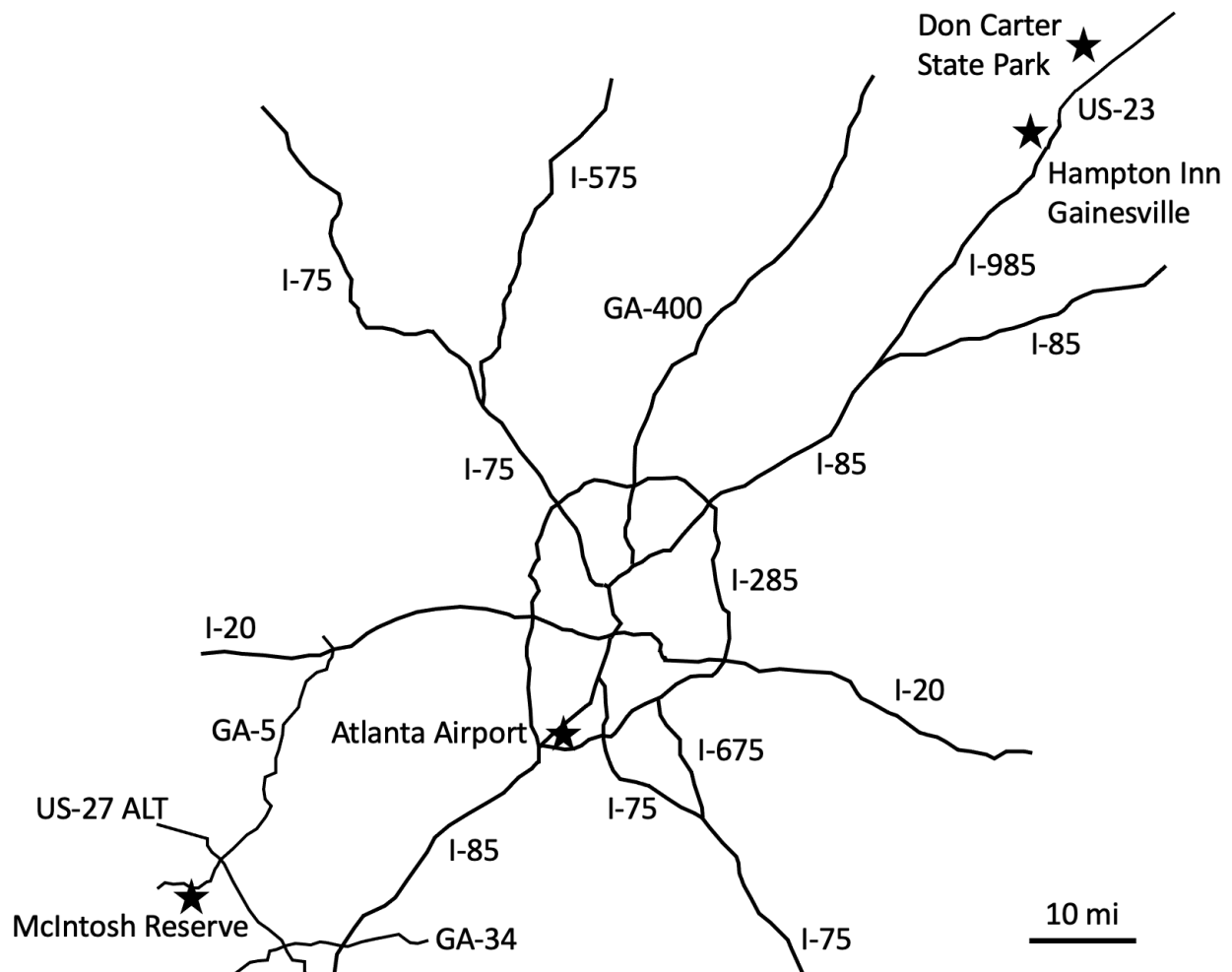
Georgia O-Fest 2021 Southeast Interscholastic Championships April 9th – 11th



Overview

Georgia Orienteering Club is hosting 3 races, including a Middle distance National Ranking Event and two Classic distance National Ranking Events. The Middle distance race is at McIntosh Reserve in Whitesburg, Georgia. The Classic Distance races and Don Carter State Park, Gainesville, Georgia. O-Fest awards will be based on total points for best two of the three National races. The Southeast Interscholastic Championships will be awarded under OUSA scoring guidelines for the two classic distance races. The competitive races are open to all ages and abilities.

Locator Map



Schedule -- Apr 9-11

Friday Apr 9

- 12:00 pm: Don Carter State Park practice course opens
- 12:30 pm: McIntosh Reserve practice course opens
- 12:30 am - 4:30 pm: Packet Pick-Up at Meet HQ McIntosh Reserve
- 1:00 pm: First Start
- 4:30 pm: Last Start
- 6:30 pm: McIntosh Reserve Courses Close / Control pick-up

Saturday Apr 10

- 8:30 - 12:45 am: Packet Pick-Up at Meet HQ Don Carter State Park
- 9:00 am: First Start
- 1:00 pm: Last Start
- 4:00 pm: Courses Close / Control pick-up

Sunday Apr 11

- 8:30 - 12:45 am: Packet Pick-Up at Meet HQ Don Carter State Park
- 9:00 am: First Start
- 1:00 pm: Last Start
- 4:00 pm: Courses Close / Control pick-up

Due to COVID there will be no Awards Ceremony. Awards will be sent to the winners at a later date.

General Information

Contacts

Meet Director – Charlie Bleau: 404-276-6558

Registrar – Chun Bleau: (404)803-2073

Search and Rescue (SAR) – McIntosh Reserve – Andi Berger: (770)314-5460

Search and Rescue (SAR) – Don Carter State Park – Fred Zendt: 678-640-5828

Meet Guide Printing

This guide is only available online. If you need a hardcopy, please print it and bring it with you. Some of the safety information will be duplicated and might seem repetitive but is included in each pertinent section.

COVID Rules

GAOC is implementing special COVID rules for event participants to maintain the health and safety of all participants and volunteers and to comply with state and local laws and park regulations. By entering in and attending the event you are agreeing to abide by these rules. Please make sure you read and understand them.

In particular, please read, understand and comply with the rules on Masks, Social Distancing, Start, Finish and Results. **There will be NO water on the course. Participants are strongly encouraged to carry water according to their needs.**

Participants should NOT attend if they feel unwell, have a fever, have recently been exposed to COVID-19 or should be in quarantine for any reason

By entering in and attending the event you are agreeing to abide by these rules:

Registration, Payment, and Waivers

- Preregistration online is required. There will be NO on-site registration.
- Prepayment online is required. NO payments will be accepted on-site.
- Start times will be assigned or selected as part of preregistration.
- Waivers must be completed online PRIOR to the event.
- No paper forms or payments will be accepted on-site.

Equipment

- There will be NO equipment rental of any kind for the event.
- Participants MUST bring their own compass, safety whistle, and e-punch fingerstick.

Masks and Safety

- Participants MUST wear masks when they are not on the course.
- Participants MUST bring their own water.
- Participants are strongly encouraged to carry water. There will be NO water on the course.
- Participants are encouraged to bring personal sanitizer.
- Participants MUST finish within the stated time limits.
- Participants MUST report to the finish and download.
- Participant should bring their own food and drinks.

Social Distancing

- **Participants should NOT attend if they feel unwell, have a fever, have recently been exposed to COVID-19 or should be in quarantine for any reason.**
- Participants should NOT approach within 2m of any other person who is not in their household.
- Participants should avoid touching common surfaces.
- Participants should avoid touching the control with anything but the fingerstick.
- Participants should immediately move away from the control after punching to allow others safe access.

Start

- Participants MUST NOT approach the Start until 5 minutes before their start time.
- Participants MUST wear a mask until they start.
- Participants MUST maintain a separation of at least 2m from other participants.

Finish

- Participants MUST wear a mask once they have finished.
- Participants MUST download at the finish.
- Participants MUST maintain a safe distance of at least 2m from others. More if they are breathing heavily.
- Participants MUST clear the finish area as soon as they have downloaded and taken their splits printout.

Results

- There will be NO results monitor at the event.
- Results will be available by WiFi at the event.
- Results will be posted live online during the event.

Time Limits

Middle distance course time limit is 2 hours. Classic distance course time limit is 3 hours. You must return to the Finish and punch the Finish Control within the time limit, whether you complete your course or not. You must download your ePunch before leaving the finish area.

Cell Phones

Competitors are encouraged to take their cell phones on the courses with them for safety; however, they may not use the phone as a navigational aid for competition. See the race notes for coverage.

Weather and Daylight

Normal highs in April are 73 F (23 C) and normal lows 53 F (-12 C). Sunrise is 7:10 am and sunset is 8:05 pm.

Safety

All competitors are encouraged to carry a whistle and to dress appropriately for the weather conditions. You are also encouraged to carry a cell phone to be able to call in an emergency. If your calls do not go through, try text messages. Before starting your course, make a contingency plan. Share your start time, expected finish time and contact details with someone who can raise the alarm. Whistles should only be used in the event of an emergency or serious injury (three short blasts). Blowing the whistle otherwise will result in disqualification. **If you are lost after the courses close, you are already disqualified, and it is an emergency. Please blow your whistle so that we can locate you before it gets dark.** Although conditions in Georgia are often mild in April, you should be prepared for cool and wet conditions. If you see a competitor that is hurt, you should help to the best of your ability or go to summon help. Report the injured competitor's bib number and exact location to officials at the Finish or Start line and the SAR coordinator. In the case of a life-threatening emergency, call 911.

Put the Search and Rescue (SAR) Coordinator numbers in your cell phone now:

McIntosh Reserve : Andi Berger (770)314-5460

Don Carter State Park : Fred Zendt 678-640-5828

You **MUST** coordinate the search and rescue of all missing or injured persons through the SAR coordinator. **DO NOT INITIATE SEARCH AND RESCUE OPERATIONS ON YOUR OWN.**

There are several active horse trails on the maps on Friday and Sunday. There is a good chance you will use or cross horse trails and possibly see horses while on your course. If you're on a trail and meet or need to pass a horse and rider, slow down and get off the trail. Make sure not to make abrupt movements and talk calmly when approaching to avoid startling the animal. Give the horse and rider as wide a berth as possible, on the downhill side. Horses are more likely to run uphill than downhill when spooked, and you definitely don't want to be in the path of a spooked horse.

what3words

When you have cell phone service, you can use the **what3words** app and Google Maps to navigate to the finish in the event of an emergency. Enter the 3 words into the what3words app to locate the finish. Click on Navigate and use the Google Maps app to navigate to the finish. Install the what3words app on your cell phone now and try it out. See below for the what3words for each day.

First Aid Assistance

In the case of a life-threatening emergency, call 911.

First aid kits, an AED and first aid assistance will be located at Meet HQ.

Should you require additional medical aid, see the sections below for the nearest hospital emergency room.

Navigator Cup scoring method

Race winner receives 1,000 points

Everyone else receives points based on this formula: 1,000 times winner's time divided by their time e.g. someone taking double the winner's time receives 500 points. Total points based on best two scores.

Awards

Georgia O-Fest awards will be given for 1st, 2nd, and 3rd for all OUSA classes based on total points for the best two of three National meets. There will be no awards ceremony due to COVID. Awards will be sent to the winners at a later date.

SEIS awards based on total scores from both days

Medals for 1st, 2nd, 3rd in Interscholastic classes

Trophies 1st place in 4 SEIS team competitions

Medals for individuals on 1st place SEIS teams

Call Up

You must wear a mask to approach the Call-up. Be at the Call-up 5 minutes before your Start time. Call up is 2 minutes before your start time for the Middle and 3 minutes for the Classics. There will be two one-minute stages at the Call-up and Map lines for the Middle and a mid-line for the Classics. Control descriptions will NOT be available, except on your map. At the Map line you will receive your map. Your bib number will be written on the back of the map. **You may remove your mask immediately before punching Start.** If you finish before the last start, we will collect your map at the finish. You may retrieve your map once all competitors have started. There are only sufficient maps for each person to have one each day, so please do not take anyone else's.

Finish Line

When arriving at the finish line, be sure you punch the "Finish" control at the Finish banner. **You must put on your mask before approaching the Download Station.** Proceed immediately to the Download Station to have your Ecard read. Take the printout of your results and split times. If not all competitors have started, you will be asked to turn in your map and pick it up later. Once you have finished, you may not re-enter the competition area without permission of the Meet Director

Mixed Punching

Contactless punching using SIAC cards is relatively new in North America. GAOC has been using contactless punching at local meets for almost two years and it has been well received by competitors. We will be offering mixed punching in the **non-interscholastic classes** this year. Competitors can use traditional contact ePunches, or contactless SIAC ePunches as they wish. The controls will be programmed in beacon mode which will allow operation with either ePunch. **Only**

traditional contact ePunches will be allowed in the interscholastic classes. Due to COVID, ePunches are not available for rent. Traditional contact ePunches leave a record on the control when it is punched. This can be useful when there is a protest. **Be aware that contactless SIAC ePunches leave NO record on the control.**

Protests

Complaints shall be made in writing to the organizers, within one hour of the previously announced time of closure of the finish, or of the actual closure of the finish, whichever is later. Complaints received after this time limit shall only be considered if there are valid exceptional circumstances, which must be explained in the complaint.

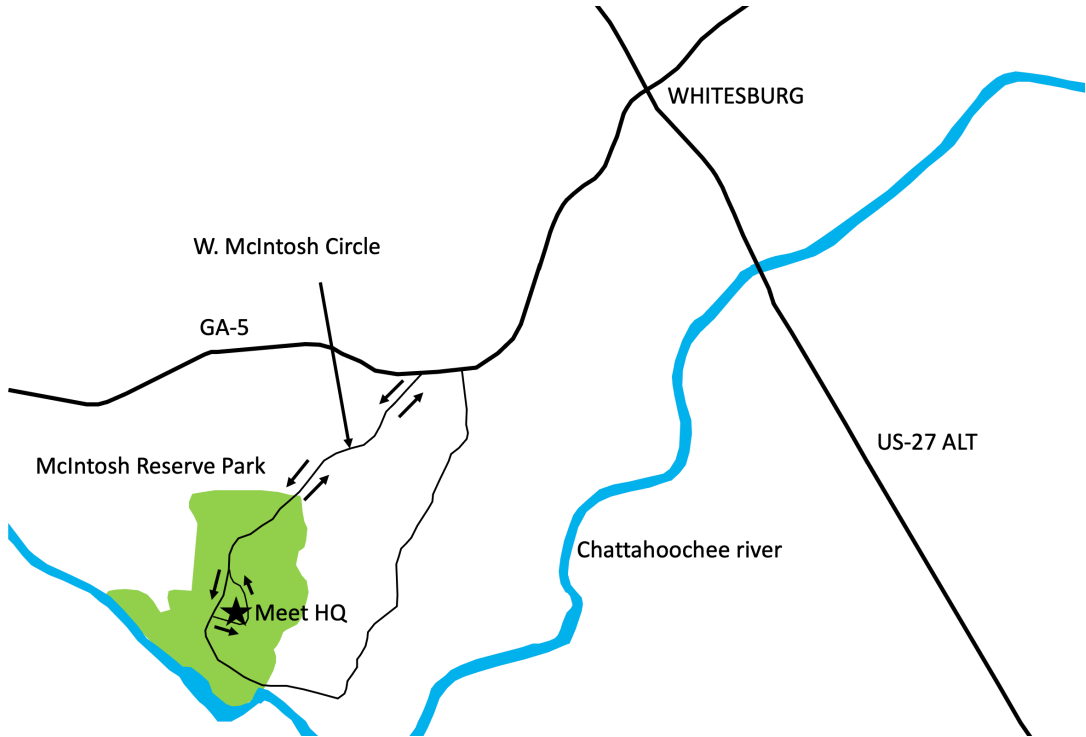
Childcare

While we do not offer childcare, we will be as accommodating as possible for couples who requested split start times during their registrations. If you are interested in cooperating with other entrants who are in need of childcare, please indicate on your entry that you give the Registrar permission to share your email address with other entrants who also have given permission for the purposes of arranging cooperative childcare.

Middle distance -- Apr 9

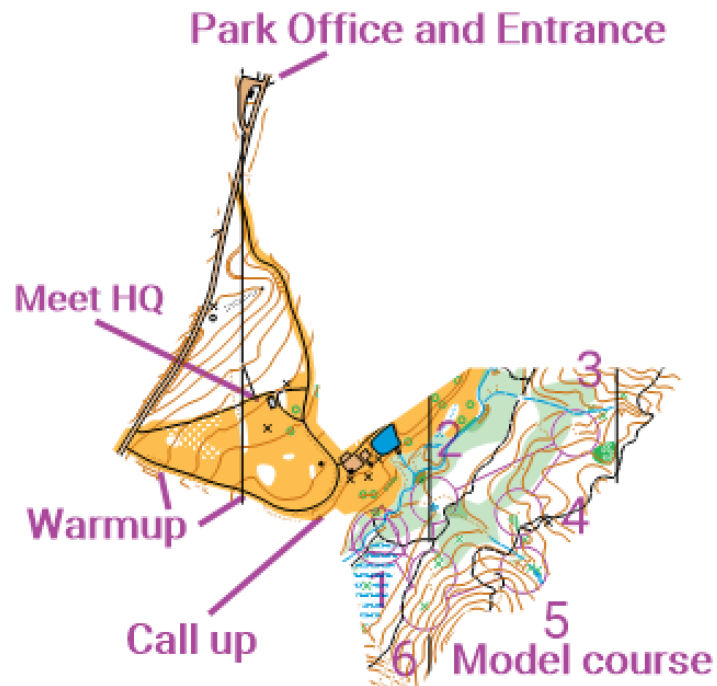
Friday Apr 9 – McIntosh Reserve

Location



Address: 1046 W McIntosh Cir, Whitesburg, GA 30185, (770) 830-5879
Watch your speed on the roads around rural Georgia. There is often more than one speed trap.
***** Please obey the speed limits within the camp at all times *****

Site Map



Meet HQ

Meet HQ is at Shelter 2, McIntosh Reserve.

Registration & Check in

Packet pick up will be available at Meet HQ from 12:30 pm - 4:00 pm

Starts

Starts will be from 2:15 pm - 4:30 pm. Maximum Time is 2 hours. Courses close 6:30 pm.

Maps

Map is 1:10,000 scale with 2.5 meter contours, ISOM2017-2 standard.

Embargo

Park is embargoed December 21, 2020 (4 month requirement waived by OUSA Sanctioning Committee). The McIntosh Reserve Red course map from the December 20, 2020 meet will be available on-site and all the course maps are available online.

Parking

Parking is plentiful at Meet HQ. There is a \$5 park entry fee.

Courses

Course	OUSA Classes	Dist/Climb/Cntrl
White	F-10, F-12 M-10, M-12 M/F White, Grp White	2.5 km / 30 m / 13
Yellow	F-14, M-14 F Yellow, M Yellow, Grp Yellow	2.5 km / 45 m / 10
Orange	F-16, M-16 F Orange, M Orange	3.1 km / 70 m / 13
Brown	F-18 F55+, F60+, F65+ F70+, F75+, F80+ F85+, F90+ M65+, M70+, M75+ M80+, M85+, M90+ F Brown, M Brown	3.4 km / 65 m / 11
Green	M-18, F-20, F35+ F40+, F45+, F50+ M50+, M55+, M60+ F Green, M Green	3.7 km / 85 m / 13
Red	F-21+, M-20 M35+, M40+, M45+ M Red	4.3 km / 95 m / 14
Blue	M-21+	4.9 km / 105 m / 16

Restrooms

Restrooms are available at the park near the Meet HQ.

Cell Phone Service

Cell phone coverage is generally poor for all carriers and very poor for ATT. If a phone call won't go through, try sending a text.

Practice map

A small practice area is located south of the toilet block near Meet HQ. Model course will be open 12:30 pm-4:30 pm. Practice maps are available at Registration. Practice start/finish is at the trail junction. See the Practice Map for details.

Practice map is also available for download on the website.

Emergency Information

In the case of a life-threatening emergency, call 911.

First aid kits, an AED and first aid assistance will be located at Meet HQ.

Should you require additional medical aid, the nearest hospital emergency room are:

Tanner Medical Center/Carrollton in Carrollton, GA, approximately 17 miles NW of McIntosh Reserve.
The contact information is:

Tanner Medical Center/Carrollton

705 Dixie St

Carrollton, GA 30117

(770) 836-9666

18 reviews/2.1* on Google

Piedmont Newnan Hospital in Newnan, GA, approximately 18 miles SE of McIntosh Reserve.
The contact information is:

Piedmont Newnan Hospital

745 Poplar Rd

Newnan, GA 30265

(770) 400-1000

11 reviews/2.9* on Google

Search and Rescue (SAR)

The SAR coordinator is Andi Berger, and her cell phone number is (770)314-5460. Put this number in your cell phone now.

She can be found through Meet HQ. Please coordinate the search and rescue of all missing or injured persons through him. **Do not attempt search and rescue operations of your own.**

Time Limits

Time limit is 2 hours on all courses. You must return to the Finish, punch the Finish control and Download your ePunch within 2 hours after you start, whether you complete your course or not. Do not go out on a course if you do not have the means to tell the time and how long you have been out. This generally means a watch or a cellphone.

Safety

If you have been out for 2 hours or it is clear that you cannot finish in 2 hours, you must stop and immediately report to the Finish. A paved road runs more or less from North to South through the center of the map. Keep track of which side of this road you are on. If you are on the East side of the road, head West to the road, relocate and navigate along the road to the finish area. If you are on the West side of the road, head East to the road, relocate and navigate along the road to the finish area. If unsure, STAY on any road you come across.

Carry a whistle. One will be provided upon request. Three (3) short blasts from a whistle indicate an emergency. Blowing the whistle otherwise will result in Disqualification. **If you are lost after the courses close, you are already disqualified, and it is an emergency. Please blow your whistle so that we can locate you before it gets dark.** You are encouraged to carry a cell phone to be able to call in an emergency. If your calls do not go through, try text messages. Before starting your course, make a contingency plan. Share your start time, expected finish time and contact details with someone who can raise the alarm. The courses close at 6:30 pm. Sunset is at 8:06 pm and last light is at 8:32 pm.

Dress appropriately for the weather conditions. Although conditions in Georgia are often mild in April, you should be prepared for cool and wet conditions. If the ground is wet, exposed red clay will be extremely slippery. Please be careful not to slip on it.

Assist an injured competitor. If another competitor is hurt and in need of assistance, help to the best of your ability or go to summon help. Report the injured competitor's bib number and exact location to officials at the Finish or Start line.

There are several active horse trails on this map. There is a good chance you will use or cross horse trails and possibly see horses while on your course. If you're on a trail and meet or need to pass a horse and rider, slow down and get off the trail. Make sure not to make abrupt movements and talk calmly when approaching to avoid startling the animal. Give the horse and rider as wide a berth as possible, on the downhill side. Horses are more likely to run uphill than downhill when spooked, and you definitely don't want to be in the path of a spooked horse.

what3words - foolishly.nonexistent.progress

When you have cell phone service, you can use the **what3words** app and Google Maps to navigate to the finish in the event of an emergency. Enter the 3 words **foolishly.nonexistent.progress** into the what3words app to locate the finish. Click on Navigate and use the Google Maps app to navigate to the finish. Install the what3words app on your cell phone now and try it out.

Clothing Return

No clothing return is provided due to the COVID pandemic. However, the start is close to parking and Meet HQ

Warm up

Warm up will be along the side of the single lane paved road on the southern edge of the finish field. All areas to each side are out of bounds.

Walk to Start

The Call-up area for the start will be clearly visible on the south side of the single lane paved road on the southern edge of the finish field

Control Descriptions

Will be available at packet pickup and also printed on the map. Control descriptions will NOT be available at the Start. They are also available for downloading and printing.

Call up

You must wear a mask to approach the Call-up. Be at the Call-up 5 minutes before your Start time. Call up is 2 minutes before your start time. There will be two one-minute stages at the Call-up and Map lines. Control descriptions will NOT be available, except on your map. At the Map line you will receive your map. Your bib number will be written on the back of the map. **You may remove your mask immediately before punching Start.**

Finish Line

When arriving at the finish line, be sure you punch the "Finish" control at the Finish banner. **You must put on your mask before approaching the Download Station.** Proceed immediately to the Download Station to have your Ecard read. Take the printout of your results and split times. If not all competitors have started, you will be asked to turn in your map and pick it up later. Once you have finished, you may not re-enter the competition area without permission of the Meet Director.

Course Setter Notes – Geoff Work

McIntosh Reserve is a 527-acre park that is adjacent to the Chattahoochee river and is the former plantation of Chief William McIntosh. The woods are relatively open and runnable although it can be thick in a few areas so watching the map is a good idea. Most courses will have some open fields to cross during the race for a change of terrain. The park has less elevation changes than Don Carter State Park, but the 2.5 meter contours do show a variety of reentrants throughout the park. Some complex gully and stream systems will make some legs and controls interesting. Picnic tables in the area of the race are mostly unmapped. There is a maintenance shed area surrounded by barbed wire in the middle of map that is out of bounds.

Map Notes – Rick Shane

McIntosh Reserve, bordering the north side of the Chattahoochee River, is mostly ridge and reentrant terrain, with a few large flat fields thrown in. The map uses symbols set forth in ISOM 2017. Scale for all Middle courses is 1:10,000, with 2.5m contours. North lines are spaced at 300m.

Rootstocks are mapped with the green X symbol. Rectangular concrete picnic tables are mapped with the black O symbol. Other picnic tables are too small to be mapped. Other man-made objects are mapped with the black X symbol. Large trees are mapped with the green O symbol, and medium sized trees with the green filled circle symbol.

A park maintenance area is mapped as an olive green "Area that shall not be entered". The maintenance area is largely surrounded by a poorly maintained barbed wire fence. The interior of this area is marked on the map with purple crosshatch. Crossing this area is forbidden.

Be mindful of the park boundaries. The area outside the map is private property. There are numerous private property signs, but not enough that it's impossible to mistakenly cross the park boundary. Stay on the map!

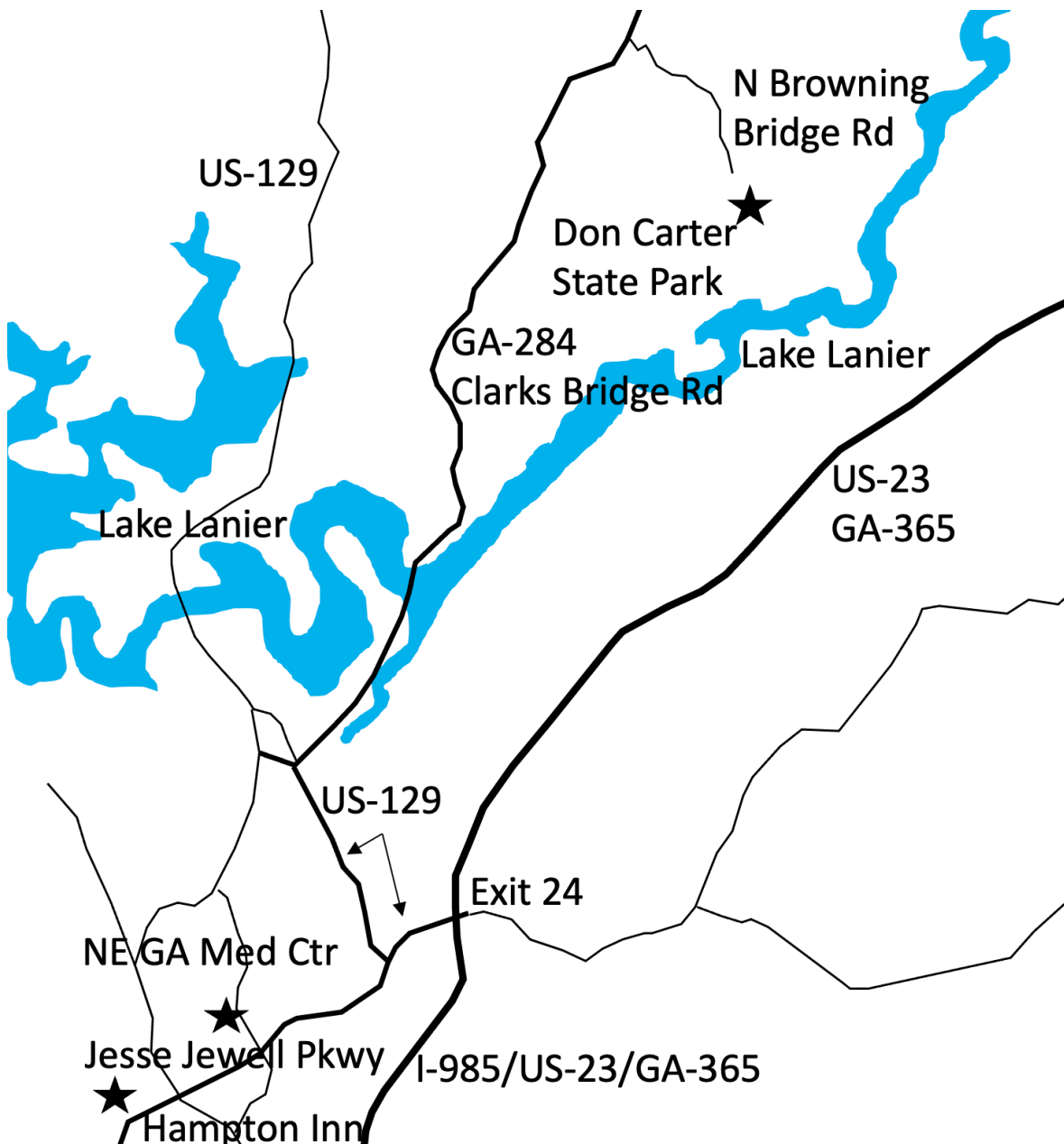
Reserve Punch Boxes

In the rare event that one or more electronic punch units fail, 3 Reserve Punch boxes are provided on the map. Use the pin punch to record your presence at the control.

2-Day Classic / SEIS -- Apr 10 and 11

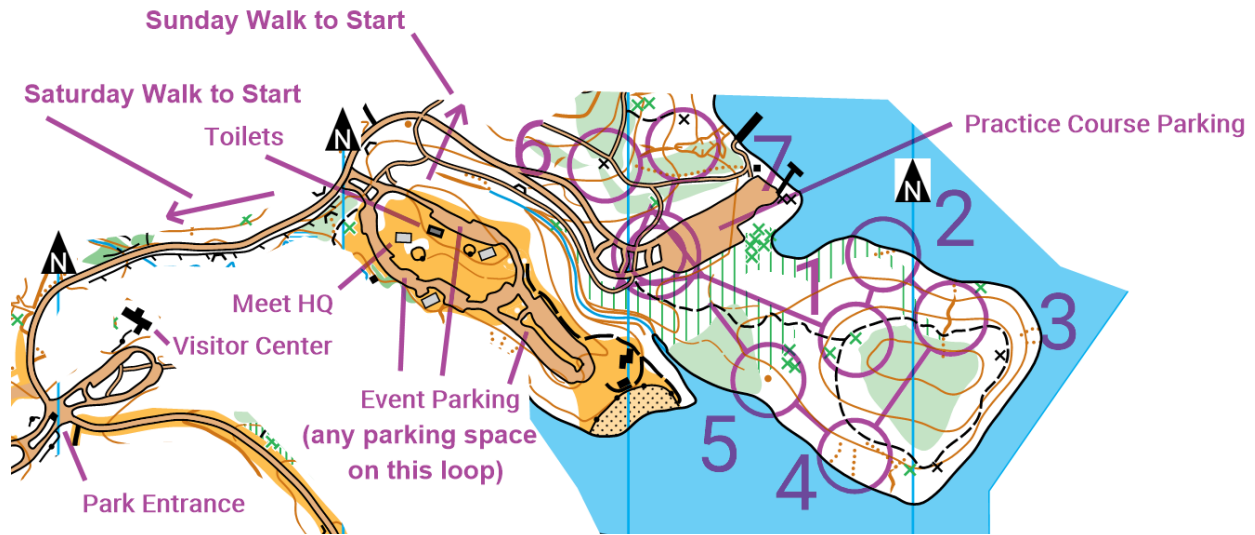
Sat Apr 10 & Sun Apr 11 – Don Carter State Park

Location



Park office address and phone: 5000 N Browning Bridge Rd, Gainesville, GA 30506, (678)450-7726

Site Map



Meet HQ

Meet HQ is Shelter #1 at Don Carter State Park.

Registration & Check in

Friday -- Packet pick up will be available from 12:30 pm - 4:00 pm at Meet HQ, McIntosh Reserve

Saturday -- Packet pick up will be available from 8:30 am - 12:45 pm at Meet HQ

Sunday -- Packet pick up will be available from 8:30 am - 12:45 pm at Meet HQ

Maps

Map is at 1:10,000 scale with 5 meter contours, except M-21+ which will be 1:15,000.

Embargo

Don Carter Map is embargoed December 14, 2020 (4 month requirement waived by OUSA Sanctioning Committee). The Don Carter State Park Red map from the December 13, 2020 meet will be available on-site and all the course maps are available online.

Restrooms

There is a large restroom block near Meet HQ. There will be a portable toilet near the starts on Saturday and two portable toilets near the starts on Sunday

Cell Phone Service

Cell phone coverage is generally good for all carriers

Courses

Course	SEIS Classes	OUSA Classes	Sat Dist / Climb / Cntrls	Sun Dist / Climb / Cntrls
White	ISPF, ISPM	F-10, F-12 M-10, M-12 M/F White, Grp White	2.9 km / 100 m / 11	2.4 km / 85 m / 13
Yellow	ISIF, ISIM	F-14, M-14 F Yellow, M Yellow, Grp Yellow	3.0 km / 115 m / 12	2.6 km / 80 m / 14
Orange	ISJVF, ISJVM	F-16, M-16 F Orange, M Orange	4.2 km / 155 m / 16	4.3 km / 170 m / 16
Brown X	ISVF	F-18 F55+, F60+, F65+ M65+, M70+, M75+	4.1 km / 140 m / 15	4.5 km / 180 m / 12
Brown Y		F70+, F75+, F80+ F85+, F90+ M80+, M85+, M90+ F Brown, M Brown	3.5 km / 110 m / 13	3.1 km / 135 m / 10
Green X	ISVM	M-18 M50+, M55+, M60+ M Green	6.0 km / 225 m / 16	6.4 km / 255 m / 17
Green Y		F-20, F35+ F40+, F45+, F50+ F Green	5.1 km / 195 m / 15	5.1 km / 220 m / 13
Red		M-20, F-21+ M35+, M40+, M45+ M Red	8.0 km / 300 m / 25	8.7 km / 375 m / 20
Blue		M-21+	10.3 km / 420 m / 31	10.0 km / 405 m / 26

Parking

All passenger vehicles must have a state park parking pass. Rates are charged based on vehicle capacity, not the number of actual passengers. Cars and vans with 1-12 passenger capacity are \$5/day. You will need a pass for **each day** you are in the park.

Georgia Yellow School buses are state vehicles, are exempt from parking charges and do not require a parking pass. Buses, other school buses and 13+ passenger vehicles **MUST** stop by the Park Office to pick up their Park Passes for the weekend. Office hours are 8:00am to 5:00pm. **If you are bringing a bus, please contact the Meet Director in advance.**

You risk a ticket without a parking pass!

Practice Course

A small practice area is located around the North Boat Ramp parking lot near Meet HQ. Model course will be open from noon on Friday until noon on Sunday. Practice maps are available at Registration. Practice map is also available for download on the website.

Babysitting

Babysitting will not be provided. Please do not plan on just leaving your young child at the Meet HQ. Please let the Registrar know if you have special start time requests that would help your own childcare arrangements.

Emergency Information

In the case of a life-threatening emergency, call 911.

First aid kits, an AED and first aid assistance will be located at Meet HQ.

Should you require additional medical aid, the nearest hospital emergency room is:

Northeast Georgia Medical Center in Gainesville, GA, approximately 11 miles southwest of Don Carter State Park The contact information is:

Northeast Georgia Medical Center
743 Spring St SE
Gainesville, GA 30501
(770) 219-1200

Search and Rescue (SAR)

The SAR coordinator is Fred Zendt and his cell phone number is (678) 640-5828.

Put this number in your cell phone now.

He can be found through Meet HQ. Please coordinate the search and rescue of all missing or injured persons through him. **Do not attempt search and rescue operations of your own.**

Time Limits

Time limit is 3 hours on all courses. You must return to the Finish, punch the Finish control and Download your ePunch within 3 hours after you start, whether you complete your course or not. Do not go out on a course if you do not have the means to tell the time and how long you have been out. This generally means a watch or a cellphone.

Safety

If you have been out for 3 hours or it is clear that you cannot finish in 3 hours, you must stop and immediately report to the Finish.

Saturday Safety Bearing: Go north to find a road, then navigate to finish.

Sunday Safety Bearing: Go south. You should come to either:

- the main park road that you drove in on, go east to the finish
- the lake, follow the lakeshore west to a bridge over Dog Creek. Follow this main trail west to a paved trail. Follow the paved trail southeast to the Start area.

If unsure, STAY on any road you come across.

Carry a whistle. One will be provided upon request. Three (3) short blasts from a whistle indicate an emergency. Blowing the whistle otherwise will result in Disqualification. **If you are lost after the courses close, you are already disqualified, and it is an emergency. Please blow your whistle so that we can locate you before it gets dark.** You are encouraged to carry a cell phone to be able to call in an emergency. If your calls do not go through, try text messages. Before starting your course, make a contingency plan. Share your start time, expected finish time and contact details with someone who can raise the alarm. The courses close at 4 pm on Saturday and Sunday. Sunset is at 8:03 pm and last light is at 8:23 pm.

Dress appropriately for the weather conditions. Although conditions in Georgia are often warm in April, you should be prepared for cool and wet conditions. If the ground is wet, exposed red clay will be extremely slippery. Please be careful not to slip on it.

There are several active horse trails on the map on Sunday. There is a good chance you will use or cross horse trails and possibly see horses while on your course. If you meet horses on the trail, please give them a wide berth. If you can't leave the trail and give them at least 20 or 30 meters clearance, slow down or stop if the horse seems skittish. Talking to the rider in conversational tones also helps calm the horse.

Assist an injured competitor. If another competitor is hurt and in need of assistance, help to the best of your ability or go to summon help. Report the injured competitor's bib number and exact location to officials at the Finish or Start line.

what3words - rich.collider.headings

When you have cell phone service, you can use the **what3words** app and Google Maps to navigate to the finish in the event of an emergency. Enter the 3 words **rich.collider.headings** into the what3words app to locate the finish. Click on Navigate and use the Google Maps app to navigate to the finish. Install the what3words app on your cell phone now and try it out

Warm Up Area

You may warm up along the roads around MeetHQ or towards the Practice Course. Please watch out for vehicles.

Clothing Return

No clothing return is provided because of the COVID pandemic

Walk to Start

Routes are clearly marked with signs. The general starting directions from MeetHQ to the starts are marked on the Site Map

Saturday walk is 1000 m from Meet HQ. Allow 25 minutes brisk walk

Sunday walk is 200 m from Meet HQ

Control Descriptions

Will be available at packet pickup and also printed on the map. Control descriptions will NOT be available at the Start. They are also available for downloading and printing.

Call Up

There will be a hold line with an attendant at the road crossing before the Call-up. Be at the Call-up area 5-10 minutes before your Start time. Arrange yourself in start order between the runners who are before and after you. You must wait on the opposite side of the road from the Call-up until 5 minutes before your start time. While you are waiting in the hold area you must wear a mask and social distance at all times. 5 minutes before your start time, you may safely cross the road and approach the Call-up area.

You must wear a mask to approach the Call-up area. Call up is 3 minutes before your start time. There will be three one-minute stages at the Call-up, Mid line and Map lines. Control descriptions will NOT be available, except on your map. At the Map line you will receive your map. Your bib number will be written on the back of the map. **You may remove your mask immediately before punching Start.**

Finish Line

When arriving at the finish line, be sure you punch the "Finish" control at the Finish banner. **You must put on your mask before approaching the Download Station.** Proceed immediately to the Download Station to have your Ecard read. Take the printout of your results and split times. If not all competitors have started, you will be asked to turn in your map and pick it up later. Once you have finished, you may not re-enter the competition area without permission of the Meet Director.

Course Setter Notes - Saturday - Rick Shane

Safety Bearing: Go north to find a road, then navigate to finish.

The walk to the start is along the right (north) side of the main park road. Most traffic on this road will be orienteers driving to the parking area. Please use extreme care while driving in the park or walking along this road. The finish leg crosses the entrance to the parking area. Drivers and runners should exercise extreme care.

Green, Red, and Blue courses will cross a small dead-end road twice. Though the road has limited traffic, please use caution when crossing. When on the west side of this road, the safety bearing will be East back to the road.

Please take care to avoid out-of-bounds areas marked on the map. Intermediate and advanced courses run close to an out of bounds area that contains a private residence. However, the optimum route should leave you with plenty of room to spare.

Unless it's marked out-of-bounds on the map, you can ignore the boundaries marked "Corps of Engineers" and State Park Boundary within 100m of the lakeshore, as we can use the area all the way to the lake. Intermediate and advanced courses may see park boundary signs when nearing the

lake. Not to worry, these signs delineate State Park land from Corp of Engineers land, and are not a problem.

Green, Red, and Blue courses will likely have wet creek crossings through ankle deep water. Be aware that no swimming is permitted in the lake.

Course Setter Notes - Sunday - Fred Zendt

Safety Bearing: Go south. You should come to either:

- the main park road that you drove in on, go east to the finish
- the lake, follow the lakeshore west to a bridge over Dog Creek. Follow this main trail west to a paved trail. Follow the paved trail southeast to the Start area.

The walk to the Start begins near the exit to the event parking lot. Call up area is about 100m from there.

Please avoid the out-of-bounds area, marked on the map, near the start. We want to respect the other park users at this camping site.

All advanced and intermediate courses pass through, and have controls in, an area recently burned. This area is very open visually and has great runnability.

Map Notes - Sam Smith

Don Carter State Park adjoins the 38,000-acre Lake Lanier at the north end of the reservoir. This used to be the Chattahoochee River, so the terrain is like many of our maps, ridge and reentrant. It is generally open, with the exception of a few spots, but there are hundreds of large rootstocks, mapped with a green X. There is also a paved trail that starts at the entrance to the beach area, leads through the walk-in campsites, and out west for a loop. This is mapped as a small paved road.

The map is drafted with 5 meter contours. Its scale is 1:10,000 for all courses, except Blue, which uses a 1:15,000 scale.

The non-standard symbols:

- Green 'X' used for rootstocks.
- Black 'O' used for "trash"
- Black 'X' used for man-made object that is not trash
- Green 'O' used for distinctive deciduous tree

Reserve Punch Boxes

In the rare event that one or more electronic punch units fail, 3 Reserve Punch boxes are provided on the map. Use the pin punch to record your presence at the control.

With Thanks to...

McIntosh Reserve Park
Park Manager Daryl Johnson

Don Carter State Park
Georgia State Parks
Georgia Department of Natural Resources
Park Manager Steven Emery
Mallory Barfield (GA State Parks)

And to our Lead Volunteers and the many others who helped...

Lead Volunteers

Meet Director	Charlie Bleau
Middle course setter	Geoff Work
Classic course setter - Saturday	Rick Shane
Classic course setter - Sunday	Fred Zendt
Middle course vetter	Andi Berger
Classic course vetter - Saturday	Fred Zendt
Classic course vetter - Sunday	Rick Shane
Middle Mapper	Rick Shane
Classic Mapper	Sam Smith
Registrars	Chun Bleau
Treasurer	Robin Shannonhouse
Social Media	Lisa Frost
Start crew	Martha Carr and Bill Farrell
McIntosh Reserve Set-up	Charlie Bleau, Fred Dolder
Don Carter Set-up	Sam Smith, Fred Dolder
E-punch system, timing and results	Vinton Wolfe
Interscholastics results	Bob Frost, Lisa Frost
First Aid	Bill Farrell
Search and Rescue	McIntosh Reserve – Andi Berger, Don Carter - Fred Zendt