

## Georgia O-Fest 2021 Quick Guide

### Contacts

Meet Director – Charlie Bleau: 404-276-6558

Registrar – Chun Bleau: (404)803-2073

Search and Rescue (SAR) – McIntosh Reserve – Andi Berger: (770)314-5460

Search and Rescue (SAR) – Don Carter State Park – Fred Zendt: 678-640-5828

### Dates: Friday, April 9<sup>th</sup> – Sunday, April 11<sup>th</sup>, 2020

#### Friday Middle – McIntosh Reserve Park – what3words - foolishly.nonexistent.progress

Address: 1046 W McIntosh Cir, Whitesburg, GA 30185, (770) 830-5879

Meet HQ is at Shelter 2, McIntosh Reserve. Registration and Practice course open 12:30 pm - 4:30 pm.

#### Saturday & Sunday Classics – Don Carter State Park – what3words - rich.collider.headings

Park office address and phone: 5000 N Browning Bridge Rd, Gainesville, GA 30506, (678)450-7726

Registration open 8:30 am - 12:45 pm Saturday and Sunday at Meet HQ

Practice Course open 12 noon Friday – 12 noon Sunday

### First Aid Assistance

In a life-threatening emergency, call 911. First aid kits, an AED and first aid assistance will be located at Meet HQ.

Should you require additional medical aid while at McIntosh Reserve Park, the nearest hospital emergency rooms are:

**Piedmont Newnan Hospital** 745 Poplar Rd, Newnan, GA 30265, (770) 400-1000 (18 miles SE)

**Tanner Medical Center/Carrollton** 705 Dixie St, Carrollton, GA 30117, (770) 836-9666 (17 Miles NW)

Should you require additional medical aid while at Don Carter State Park, the nearest hospital emergency room is:

**Northeast Georgia Medical Center** 743 Spring St SE, Gainesville, GA 30501, (770) 219-1200 (11 miles SW)

### Call up

Be at the call up 5 minutes before your start time!

### Reserve Punch Boxes

In the rare event that one or more electronic punch units fail, 3 Reserve Punch boxes are provided on the map. Use the pin punch to record your presence at the control.

### Friday April 9<sup>th</sup>, 2021

- 12:00 pm: Don Carter State Park practice course opens
- 12:30 pm: McIntosh Reserve practice course opens
- 12:30 am - 4:30 pm: Packet Pick-Up at Meet HQ McIntosh Reserve
- 2:15 pm: First Start
- 4:30 pm: Last Start
- 6:30 pm: McIntosh Reserve Courses Close / Control pick-up

### Saturday April 10<sup>th</sup>, 2021

- 8:30 - 12:45 am: Packet Pick-Up at Meet HQ Don Carter State Park
- 9:00 am: First Start
- 1:00 pm: Last Start
- 4:00 pm: Courses Close / Control pick-up

### Sunday April 11<sup>th</sup>, 2021

- 8:30 - 12:45 am: Packet Pick-Up at Meet HQ Don Carter State Park
- 9:00 am: First Start
- 1:00 pm: Last Start
- 4:00 pm: Courses Close / Control pick-up

**Due to COVID there will be no Awards Ceremony. Awards will be sent to the winners at a later date.**

### COVID Rules

GAOC is implementing **special COVID rules** for event participants to maintain the health and safety of all participants and volunteers and to comply with state and local laws and park regulations. **By entering in and attending the event you are agreeing to abide by these rules.** Please make sure you read and understand them.

In particular, please read, understand and comply with the rules on Masks, Social Distancing, Start, Finish and Results. **There will be NO water on the course. Participants are strongly encouraged to carry water according to their needs.**

**You must wear a mask to approach the Call-up.** Be at the Call-up 5 minutes before your Start time. Call up is 2 minutes before your start time for the Middle and 3 minutes for the Classics. There will be two one-minute stages at the Call-up and Map lines for the Middle and a mid-line for the Classics. Control descriptions will NOT be available, except on your map. At the Map line you will receive your map. Your bib number will be written on the back of the map. **You may remove your mask immediately before punching Start.**

When arriving at the finish line, be sure you punch the "Finish" control at the Finish banner. **You must put on your mask before approaching the Download Station.** Proceed immediately to the Download Station to have your Ecard read. Take the printout of your results and split times.

**Participants should NOT attend if they feel unwell, have a fever, have recently been exposed to COVID-19 or should be in quarantine for any reason**

## **Middle Notes at McIntosh Reserve - what3words - foolishly.nonexistent.progress**

**Safety bearing** A paved road runs more or less from North to South through the center of the map. Keep track of which side of this road you are on. If you are on the East side of the road, head West to the road, relocate and navigate along the road to the finish area. If you are on the West side of the road, head East to the road, relocate and navigate along the road to the finish area. If unsure, STAY on any road you come across.

**Course Notes - Geoff Work** McIntosh Reserve is a 527-acre park that is adjacent to the Chattahoochee river and is the former plantation of Chief William McIntosh. The woods are relatively open and runnable although it can be thick in a few areas so watching the map is a good idea. Most courses will have some open fields to cross during the race for a change of terrain. The park has less elevation changes than Don Carter State Park, but the 2.5 meter contours do show a variety of reentrants throughout the park. Some complex gully and stream systems will make some legs and controls interesting. Picnic tables in the area of the race are mostly unmapped.

### **Walk to Start - 200m**

**Map Notes - Rick Shane - Mapping Standard** Map scale is 1:10,000 Contour interval is 2.5m ISOM2017

McIntosh Reserve, bordering the north side of the Chattahoochee River, is mostly ridge and reentrant terrain, with a few large flat fields thrown in. The map uses symbols set forth in ISOM 2017. Scale for all Middle courses is 1:10,000, with 2.5m contours. North lines are spaced at 300m. Rootstocks are mapped with the green X symbol. Rectangular concrete picnic tables are mapped with the black O symbol. Other picnic tables are too small to be mapped. Other man-made objects are mapped with the black X symbol. Large trees are mapped with the green O symbol, and medium sized trees with the green filled circle symbol. A park maintenance area is mapped as an olive green "Area that shall not be entered". The maintenance area is largely surrounded by a poorly maintained barbed wire fence. The interior of this area is marked on the map with purple crosshatch. Crossing this area is forbidden. Be mindful of the park boundaries. The area outside the map is private property. There are numerous private property signs, but not enough that it's impossible to mistakenly cross the park boundary. Stay on the map!

## **Classic Course Notes at Don Carter State Park- what3words - rich.collider.headings**

### **Saturday – Walk to start 1000m – Rick Shane**

**Safety Bearing** Go north to find a road, then navigate to finish.

The walk to the start is along the right (north) side of the main park road. Most traffic on this road will be orienteers driving to the parking area. Please use extreme care while driving in the park or walking along this road. The finish leg crosses the entrance to the parking area. Drivers and runners should exercise extreme care.

Green, Red, and Blue courses will cross a small dead-end road twice. Though the road has limited traffic, please use caution when crossing. When on the west side of this road, the safety bearing will be East back to the road. Green, Red, and Blue courses will likely have wet creek crossings through ankle deep water. Be aware that no swimming is permitted in the lake.

Please take care to avoid out-of-bounds areas marked on the map. Intermediate and advanced courses run close to an out of bounds area that contains a private residence. However, the optimum route should leave you with plenty of room to spare. Unless it's marked out-of-bounds on the map, you can ignore the boundaries marked "Corps of Engineers" and State Park Boundary within 100m of the lakeshore, as we can use the area all the way to the lake. Intermediate and advanced courses may see park boundary signs when nearing the lake. Not to worry, these signs delineate State Park land from Corp of Engineers land and are not a problem.

### **Sunday – Walk to start 200m – Fred Zendt**

**Safety Bearing** Go south. You should come to either:

- the main park road that you drove in on, go east to the finish, or
- the lake, follow the lakeshore west to a bridge over Dog Creek. Follow this main trail west to a paved trail. Follow the paved trail southeast to the Start area.

The walk to the Start begins near the exit to the event parking lot. Call up area is about 100m from there.

Please avoid the out-of-bounds area, marked on the map, near the start. We want to respect the other park users at this camping site.

All advanced and intermediate courses pass through, and have controls in, an area recently burned. This area is very open visually and has great runnability.

## **Classic Map Notes at Hard Labor Creek State Park – Sam Smith**

Don Carter State Park adjoins the 38,000-acre Lake Lanier at the north end of the reservoir. This used to be the Chattahoochee River, so the terrain is like many of our maps, ridge and reentrant. It is generally open, with the exception of a few spots, but there are hundreds of large rootstocks. There is also a paved trail that starts at the entrance to the beach area, leads through the walk-in campsites, and out west for a loop. This is mapped as a small paved road. The map is drafted with 5 meter contours. Its scale is 1:10,000 for all courses, except Blue, which uses a 1:15,000 scale. The non-standard symbols are Green 'X' for rootstocks, Black 'O' for "trash", Black 'X' used for man-made object that is not trash and Green 'O' used for distinctive deciduous tree.