Southeast Interscholastics (SEIS)

The Interscholastics will have 4 team competitions: School Varsity team, JROTC Varsity team, School Junior Varsity team, and School Intermediate team. **Each school may field a maximum of 24 students in the SEIS competition, with a limit of 8 per class.** SEIS competitors are ineligible for standard class awards. Note: School and JROTC teams are not mutually exclusive. JROTC teams that meet school team requirements are also eligible for the school team award.

Eligibility

School Teams

1. Members must be enrolled full-time at the same private or public accredited school one of these states - North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, or Tennessee. Varsity teams consist of 3-5 members from M-ISV and/or F-ISV classes. Junior Varsity teams consist of 3-5 members from M-ISJV and/or F-ISJV classes. Intermediate teams consist of 3-5 members from M-ISI and/or F-ISI classes.
2. Members must each be able to show school ID for the same school or, if the school does not issue ID's, a letter from the principal stating that the students are enrolled full-time at the school. Alternatively, members may demonstrate school eligibility according to the authorized SCHOOL Team exceptions enumerated in section A.37.6 of the [OUSA Rules of Competition.](#)
3. Members must meet the eligibility requirements for Individuals in the SEIS competition.

JROTC Teams

1. JROTC teams competing only for the JROTC trophy must be made up of students who are enrolled in the same JROTC unit in accordance with the host military service requirements in one of these states: North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, or Tennessee. Members shall consist of 3 to 5 students who are registered in M-ISV and/or F-ISV classes.
2. JROTC teams may compete for the Interscholastic Varsity team competition if they meet the school team requirements.
3. Members must meet the eligibility requirements for Individuals in the SEIS competition.

Individuals

To win individual awards competitors must be competing in one of the SEIS classes and must meet the school eligibility requirements above in one of these states: North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, or Tennessee.

Scoring

Races

Awards will be based on the classic distance races on Saturday and Sunday.

Individual Score

Each individual starter shall receive a calculated elapsed time or an incomplete designation (DNF, MP, OT). The time will be converted into a score as described below in the Team Score section. The winning individuals are determined by lowest total score over the day or days competition. Note: students ineligible for the SEIS classes must register in a standard class.

Individual competition will be held for each of the 8 Interscholastic classes:

Interscholastic Classes

Class	Description	Course	School Grade Level
M-ISV	Varsity Male	Green-X	Are in any grade through twelve
F-ISV	Varsity Female	Brown-X	Are in any grade through twelve
M-ISJV	Junior Varsity Male	Orange-X	Are in any grade through twelve
F-ISJV	Junior Varsity Female	Orange-Y	Are in any grade through twelve
M-ISI	Intermediate Male	Yellow	Are in any grade through nine
F-ISI	Intermediate Female	Yellow	Are in any grade through nine
M-ISP	Primary Male	White	Are in any grade through six
F-ISP	Primary Female	White	Are in any grade through six

Team Score

Scoring for team awards in two Interscholastic Team Categories, School Varsity and JROTC, will be done in accordance with OUSA Interscholastic competition rules as follows:
- For each interscholastic class, define AWT (the average winning time) as the average of the times of the top three competitors in that class who are competing in a team category.
- For each competitor in each class with a valid result, their score is computed as 60*(competitor's time)/ (AWT for the class).
- For competitors with an OT, MP, DNF or DSQ result, their score will be the larger of 10+60*(course time limit)/ (AWT for the male class) and 10+60*(course time limit)/ (AWT for the female class) for that team category.
- The best three scores each day for each team are combined for a team score.
- Lowest overall team score wins.

Calculation and Display of Scores

Scores will be displayed to two decimal places.

Tie Breaking

If two or more scores are exactly the same, break the tie by:
- First – consider the total times. If that fails:
- Second – consider the positions of the teams' Fourth members if available. If that fails:
- Third – consider the time of the fourth positions. If that fails:
- Fourth – consider the same as above for the fifth positions. If that fails:
- Fifth – accept the tie. It must be valid.

Awards

- Medals for 1st, 2nd, 3rd in SEIS individual classes.
- Trophies 1st in 4 SEIS team competitions
- Medals for individuals on 1st SEIS teams