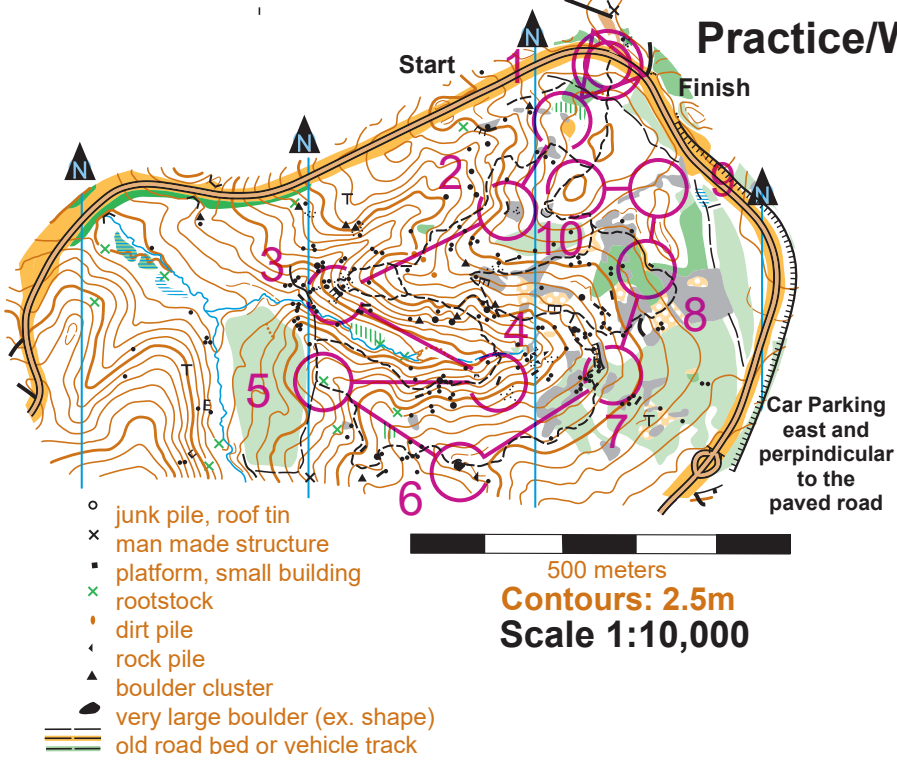


Practice/Warmup Course



Practice Map GNC2019									
PracticeCourse			1.9 km			40 m			
								Start: bridge	
1	101							NW edge of clearing	
2	102							Foot of cliff	
3	103							Foot of cliff	
4	104							Cliff	
5	105							Root stock	
6	106				3x3			Boulder, 3m by 3m	
7	107							N edge of bare rock	
8	108				<			Bend in path	
9	110							Saddle	
10	109							Top of hill	
			170 m						Navigate 170 m to finish

1	2	3	4	5	6	7	8	9	10
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